

# **FAMILY ADOPTION PROGRAMME**

DEPARTMENT OF COMMUNITY MEDICINE

JHARGRAM GOVERNMENT MEDICAL COLLEGE &  
HOSPITAL

VIDYASAGARPALLY, JHARGRAM  
PIN-721507

MBBS BATCH –

NAME OF STUDENT –

UNIVERSITY REGISTRATION NUMBER OF STUDENT –

UNIVERSITY ROLL NO OF STUDENT –

ROLL NO OF INSTITUTION -

GROUP –

NAME OF VILLAGE OF ADOPTED FAMILY -

NAME OF LOCAL GUIDE –



## **Instruction during Family Visit**

- It is necessary to be decently clad and wear your apron when visiting the community.
- In the first visit introduce yourself to the family allotted to you.
- Behave politely and modestly. Be friendly to the community.
- Never ridicule or show displeasure at any condition.
- Never make false promises to the family members to get your work done.
- In case of difficulty and non-co-operation, consult your guide immediately.
- Always carry stethoscope, hammer, torch, measuring tape, weighing machine, sphygmomanometer etc. with you while you are on field
- Conduct the clinical examination in a room/enclosure that allows privacy
- Record all findings accurately
- Do not do something that is completely alien to the local environment or culture.
- Give them as much information about your services as they ask for and allow them to  
express their views about their services.
- It is you who is learning from the community, respect the knowledge and experience that people have.

## **OBJECTIVES**

- 1. To collect information about socio economic status and expenditure pattern of the allotted family**
- 2. To collect information about environment and socio-cultural factors regarding the family**
- 3. To conduct clinical examination of the family members including children**
- 4. To assess the knowledge and practices of the family members regarding communicable and non-communicable diseases, family planning and child care**
- 5. To assess nutritional status of the family members by conducting a diet survey**

## **1. MATERIALS& METHODS**

**Type of Study:** Observational, Descriptive

**Study Area:**

**Duration of Study:**

### **Tools for Data Collection**

- ✓ Pre-designed, pre-tested, structured schedule for data collection
- ✓ Measuring tape: non-stretchable
- ✓ Adult Weighing Scale: Bathroom type. Digital
- ✓ Infant Weighing Scale
- ✓ Infantometer
- ✓ Stadiometer
- ✓ Sphygmomanometer

- ✓ Stethoscope
- ✓ Torch
- ✓ Medical Records

**Techniques for Data Collection**

- ✓ Interview of family members
- ✓ Observation
- ✓ Measurements
- ✓ Anthropometric examination
- ✓ Clinical examination
- ✓ Diet Survey
- ✓ Analysis of Records

**2. GEOGRAPHICAL MAP OF THE COMMUNITY**

## **BACKGROUND INFORMATION OF THE COMMUNITY**

### **Geographical Characteristics**

- Name of the Locality:
- Number of Wards:
- Type of the Locality: Urban/Rural
- Total area (Sq. km):

### **Demographical Characteristics**

- Total population:
- Population Density:
- Total number of households:
- Total Children Population (0-6 years):
  - ✓ Infants:
  - ✓ Under-five children:
- Sex Ratio:
- Child Sex Ratio:
- Literacy Rate:
  - ✓ Male:
  - ✓ Female:

### **Morbidity & Mortality Data**

- Number of live births in last one year:
- Number of deaths in last one years:
  - ✓ Infant deaths
  - ✓ Maternal deaths
  - ✓ Other deaths

## **Environmental characteristics**

Main source of drinking water:

Main source of water for household activities :

Number of Deep Tube Well:

Number of Shallow Tube Well:

Toilet facilities:

Refuse disposal:

Drainage facilities:

## **Available Health Care Facilities**

- ICDS Centre
- Sub Centre
- PHC/BPHC/Hospitals/UHC
- Private Health Services/NGOs available in the area

## **Other Facilities**

School

Play ground






**Note:**

- W-Wife, S- Son, D-Daughter, Sis- Sister, F-Father, M-Mother, B – Brother
- Women of reproductive Age Group (15-49 years): P-Pregnant, L-Lactating, NPNL-Non-Pregnant Non-Lactating

Number of Infants: Male ----- Female-----

Number of 1- 4 years: Male----- Female-----

Number of Adolescents: Male----- Female-----

Number of elderly (>60 years): Male----- Female-----

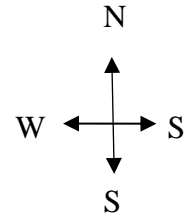
Number of Pregnant women:

Number of Lactating mothers:

**Family Tree**

1. HOUSING AND ENVIRONMENT

SKETCH OF THE HOUSE (SCHEMATIC DIAGRAM)



## A. HOUSING

- Type of house: Kutchra / Pucca / Mixed
- Ownership Status: Owned / Rented

Number of Living Rooms: \_\_\_\_\_

### Table on Overcrowding, Ventilation & Lighting

Item	Room 1	Room 2	Room 3
Per Capita Floor Area (Sq.ft)			
No of Persons per Room			
Sex Separation	Present/Absent:	Present/Absent:	Present/Absent:
Overcrowding	Present/Absent: Criteria:	Present/Absent: Criteria:	Present/Absent: Criteria:
Total Window+ Door Area (Sq.ft)			
Percentage of Ratio of (Total Window+ Door Area) to Total Floor Area			
Ventilation	Present/Absent:	Present/Absent:	Present/Absent:
Lighting	Adequate/Inadequate	Adequate/Inadequate	Adequate/Inadequate

- Cracks and crevices in floor/wall: Present / Absent
- Kitchen: In Separate Room / In Living Room / In Verandah
- Functional smoke outlet in kitchen: Present / Absent
- Types of fuel used: Kerosene / Coal / Wood / LPG / Others (Specify)
- Smoke nuisance: Present / Absent
- Any pet: Present / Absent
- Animal Shelter: Present/Absent, if present
- Distance from House (ft.):
- Fly nuisance: Present / absent

- Breeding places of mosquitoes: Present (specify below) / absent

## **B. Water Supply**

- Source of water: Private/ Public
  - Water for Drinking: Tap/Dug Well/Tube well/Others (specify)
  - Water for Cooking: Tap/Dug Well/Tube well/Others (specify)
  - Water for cleaning / bathing / washing: Tap/Dug Well/Tube well/Others (specify)
- Tube Well, if Present: Shallow/Deep
- If tap water, mode of supply: Intermittent / Continuous
- Distance of drinking / cooking water source from the house:
- Mode of collection and transportation of drinking / cooking water:
- Distance of drinking water source from potential source of contamination (Specify):
  
- Storage of water:
  - ✓ Type of utensil used
  - ✓ Covered/Uncovered
  - ✓ Narrow mouthed/wide mouthed
  - ✓ Frequency of cleaning:
  - ✓ Special Treatment: Yes/No.
  - ✓ If Yes, specify
  
- Method of drawing drinking water from the storage container:

## **C. Excreta Disposal**

- Mode of excreta disposal: Latrine / Open field
- Type of latrine: Sanitary / Insanitary
- Location: Within premises / Outside premises
- Used by: Family / Community
- If community latrine, No. of users:
- Availability of water for flushing inside latrine: Yes/No
- Cleaning done: Daily / Weekly / occasionally / Never
- Excreta disposal of under-five children:

## D. Waste Disposal

Solid

- Storage:
- Disposal :

Liquid

- Disposal:

Drain: Present/Absent

If Present: Open / covered

Disposal of Used Sanitary Napkin

## 4. SOCIO-ECONOMIC CHARACTERISTICS AND SOCIO-CULTURAL PROBLEMS

### A. SOCIO-ECONOMIC CHARACTERISTICS

- Total family income per month (Rs/-):
- Per-capita monthly income of the family (Rs/-):
- Amenities present in the family:  
Radio/TV/Computer/Laptop/Telephone/Mobile/4-wheeler/2-wheeler/Bi cycle  
Others (Specify) \_\_\_\_\_

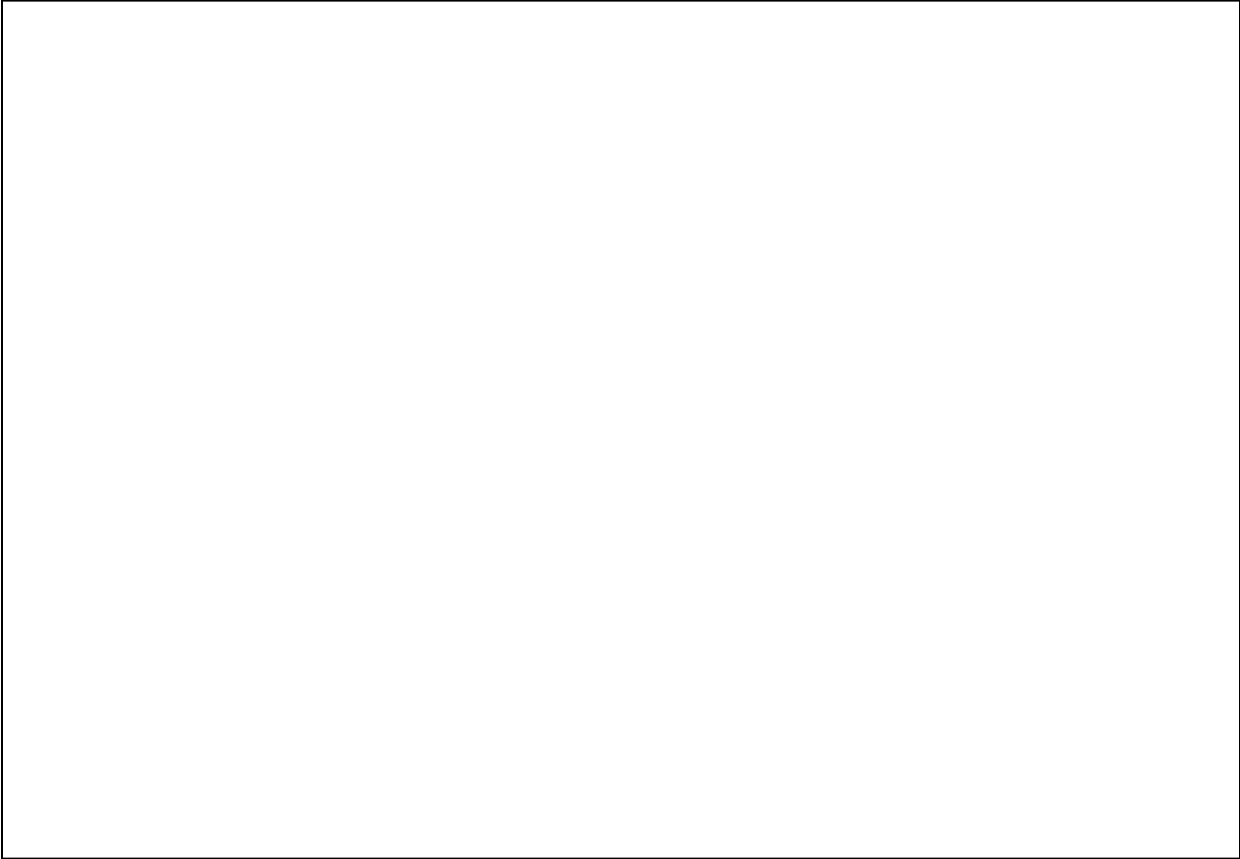
### Monthly Expenditure Break-Up of the Family (Rs/-)

ITEM	(Rs/-)
Food	
Fuel	
Clothing	
Rent	
Education	

<b>Health</b>	
<b>Electricity</b>	
<b>Debt payments, if any</b>	
<b>Addiction</b>	
<b>Transport</b>	
<b>Miscellaneous</b>	
<b>Total</b>	

Income and expenditure:      **Balanced / Saving / Deficit**

**Pie Diagram Showing the Expenditure Pattern of the Family**



**Calculation of Socioeconomic status (As per Modified Kuppaswamy Scale):**

1. Education of HOF: \_\_\_\_\_ Score: \_\_\_\_\_

2. Occupation of HOF: \_\_\_\_\_ Score: \_\_\_\_\_

3. Family income/Month: (Rs/-) \_\_\_\_\_ Score: \_\_\_\_\_

**Socio-Economic Status of the family (As per Modified Kuppuswamy Scale):**

**B. SOCIO-CULTURAL PROBLEMS:**

a. Unemployed:

b. Substance Use:

✓ Name of substance

✓ Form of substance

✓ Duration

✓ Frequency

c. Handicapped or chronically ill member:

d. School drop-out:

e. Child labor:

f. Any minor caregiver of under-five child:

g. Separated/Divorced/Widow/Widower (Separation for employment excluded) :

h. Others (Specify) \_\_\_\_\_